



Play by the Rules

making sport inclusive, safe and fair.

e-Bulletin – March/April 2013

What's your club's culture like?

With all the damning reports, poor behaviour and scandals in sport lately you wouldn't be alone in wondering – 'What happened to fair play?' This [article](#) asks you to consider what messages your club is sending its players, athletes and members? How other clubs see your club? And whether your club is about winning at all costs or is more about having fun, learning skills and making friends? It then provides some advice on how you can affect the culture of your club in a positive way.



Change of chairs

Play by the Rules welcomes its new co-Chair Graeme Innes, who is also the federal Disability Discrimination Commissioner, and would like to pay tribute to the enormous contribution of the outgoing co-Chair, Helen Szoke. You can listen to Graeme interview the other co-Chair (Executive Director of Sport & Recreation Tasmania, Craig Martin) on the AHRC's latest [PodRights](#) episode.



Don't be a dope

Performance enhancement and illicit substance use doesn't just happen at the elite, professional level in sport. As a National Under 17 coach said this week, drugs are rife at the junior level and an attitude of "win at all costs is having a serious effect". Did you know that if you are a member of a sporting club (at any level) you are bound by the anti doping policy of that sport? ASADA has a stack of information on this topic and more in their e-learning centre. You can register [here](#).



New web treats

We've been busy over the early part of this year updating some new content and sections on the *Play by the Rules* [website](#) for your user pleasure. You'll notice the 'Got an Issue' section has been simplified into a few easy to follow topic areas: Safety, Fairness, Inclusion and Discrimination – check out some of the relevant issues we cover here for coaches, officials, administrators, players and parents.

New toolkits – a one-stop shop

We're also adding a new 'Toolkit' area to the site this week, which includes our popular 'Club Toolkit' section (policies and templates around member protection, alcohol, team selection, working with children etc.). Plus we've added new toolkits for 'Racism in Sport', 'Social Media', 'Homophobia in Sport' and a 'Ground Marshal's Toolkit'. All of these [toolkits](#) feature a range of information, tools and resources on this topic in one place to assist you or your club to prevent or take action if needed.

Netball targeting participation barriers

Netball Australia has formed a One Netball Advisory Group to identify and remove barriers to netball participation for Culturally and Linguistically Diverse (CaLD) communities. The [group](#) will provide advice to ensure that cultural issues are represented and addressed accordingly in all of Netball Australia's programs, policies and resources. A series of pilot programs and a national audit of CaLD netball activity is also underway as part of the One Netball program.



TeamUp and get active with others

Are you looking to run, surf, ride or bowl with someone this weekend? Then TeamUp could be the best app you've ever come across. [TeamUp](#) is a unique smartphone and Facebook physical activity app that will allow like-minded people to connect and take part in all forms of physical activity on a social, casual or club membership basis, when, where and how they want.



Team selection issues?

It's the start of the season – no doubt you are have some team selection issues? What about age restriction dilemmas – do you know the rules? Or you have girls and boys wanting to play in each other's teams and don't know what to do? Don't despair, help is at hand. This [article](#) shows you where to find the right information to solve these tricky team issues that are part and parcel of every sport.



Fair go, Sport! is expanding

Phase One of the *Fair go, sport!* project has concluded with the recent launch of the Evaluation Report and the Flexible Model of Engagement Plan, which are now available on the VEOHRC [website](#). The highly successful project, which worked to increase awareness of sexual and gender diversity and to promote safe and inclusive environments in hockey, is now gearing up for its next phase, which will include new sports to join hockey to extend its reach and impact. Stay tuned for an announcement in May.



Ready Set Trot

A new national junior equestrian program has been launched to give kids an opportunity to get involved with the sport. [Ready Set Trot](#) is aimed at juniors from 5–12 years, regardless of whether they own a horse. The program is being run by Equestrian Australia in conjunction with Pony Club Australia and the Australian Sports Commission.



Audio messages for your club

Have you checked out our new *Play by the Rules* radio [Community Service Announcements](#) by Peter Siddle, Anna Meares, Archie Thompson and Anna Flanagan? If not, you can listen to them [here](#). If you'd like us to send you the audio files to play over the PA at your events to promote safe, fair and inclusive sport messages from some of our sporting heroes just send us an email and we'll forward them on.



20 years, 20 amazing stories

To mark 20 years of the Disability Discrimination Act (and to acknowledge the significant work which was undertaken to develop accessible sports for people with disabilities) the Australian Human Rights Commission have made a documentary consisting of 20 short films. Don't miss the story of the Rockwheelers Wheelchair Basketball team or Sekou Kanneh, a 12 year old runner who is Deaf and is definitely in it to win it. Click [here](#) to watch 20 Years, 20 Stories.



celebrating 20 years of the Disability Discrimination Act

OSF pre-forum workshops

Don't miss out on the Australian Sports Commission's workshops to be held as part of the Our Sporting Futures (OSF) forum in Melbourne from 10–12 April. The two workshops: 'Creating child safe environments in sport' and 'Capability building in sport organisations', will be held on 10 April 2013. The standard rego rate for the OSF forum has been extended until 31 March – click [here](#) for details.



Season of Respect in ACT

Play by the Rules has partnered with two organisations in the ACT to promote their season of 'Respect' campaigns. Capital Football and ACT Hockey are both doing a range of activities to promote respect for referees and players, including banners, flyers, and playing the PBTR audio CSA messages at events.

Free member protection courses

Play by the Rules and the ASC have developed free online training courses which cover some of the most important topics in sport, including: child protection, harassment & discrimination and complaint handling. We've also developed free online training for Member Protection Information Officers (MPIOs) plus details on the dates/venues for face-to-face MPIO workshops. Click [here](#) for details.

Basketball Fair Play Awards

Legends Luc Longley and Trish Fallon, and Australian Pearls star Kim Larkin have lent their names to annual Fair Play awards to be presented at the National Championships from this year and Ivor Burge Championships for players with an intellectual disability from 2014.

Are you a sports rager?

Do you question the decisions of the umpire/referee publicly? Do you belittle your child or any of the other participants during the game? Do you let your frustrations show during your child's sport? Come on, be honest – what type of sporting parent are you? If you answered 'yes' to any of these questions then this new [article](#) on how to be a positive role model for your kids at sporting events is just for you.



FFA Grassroots football month

17 March to 17 April marks Football Federation Australia's (FFA) Grassroots Football month, an opportunity for all members to get involved with disability competitions, free Grassroots Football Certificate courses, and Game Leader and Instructing Referee courses. Check out what's happening in your area [here](#).



WIN a \$300 AIS clothing pack!

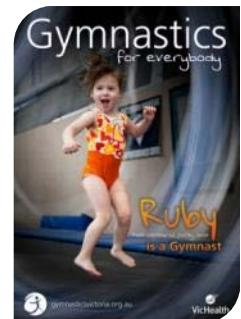
Send us your best sporting examples of initiatives which prevent, respond to, and educate about racism and you could win a \$300 AIS sports pack. Click [here](#) for details – entries close 4 April 2013.

What you say really matters

Legendary motivational speaker Anthony Robbins said "The way we communicate with others and with ourselves ultimately determines the quality of our lives". Nothing could be truer in a sporting context where communication, whether between coaches and players, refs and players, players and players, spectators and refs, or spectators and players is of paramount importance. [Watch](#) Grant Weir from Hockey Australia talk about club culture and how the things that people say help to form a positive culture of a sporting club or association.

Gymnastics for Everybody

Gymnastics Victoria's *Gymnastics for Everybody* program caters for a diverse population of people who want to participate in the sport. It's a professional program that is a model of inclusion for any sport across the world. Check out this [video](#) which has been created to demonstrate the fantastic benefits of inclusive gymnastics for participants, clubs and the broader sport.



Grants galore

There are stacks of grant opportunities for sporting organisations this month, including: \$16 million in funding available under FaCHSIA's [2013 Volunteer Grants](#), Sport Leadership Grants and Scholarships for [Women](#); South Australia's [Active Club Program](#) equipment and program grants; QLD's Get in the Game funding [program](#); Local Sporting Champions [grants](#); and Football Federation Victoria's 'United through Football' grant [program](#), just to name a few.



Planning to win in Tassie

It's great to see how Sport & Recreation Tasmania's new Strategic and Operational Planning Toolkit is practically helping clubs. The toolkit has been developed specifically for Tasmanian sporting organisations to provide a simple way for clubs to produce their own strategic plan. Check it out [here](#).

Link from your website to ours

If you would like a *Play by the Rules* logo or our free online training course logo to be able to link to us from your website, simply send a request via email to admin@playbytherules.net.au and we will send you the logos to upload on your site. This will provide a direct link for your members to access a range of excellent *Play by the Rules* resources, information, tools and templates, and our online training course.

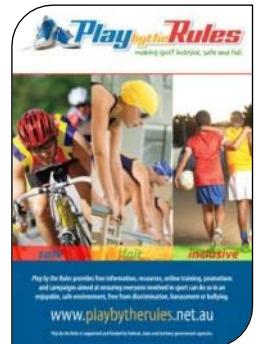


More events every day!

Want to know about a free webinar on inclusive cycling? What about the info on ANSLA's next event on doping issues in sport? Have you registered for the Sport Without Borders grassroots sporting conference? If not, there are no excuses – all the details of these and many more events are now available on our online events calendar – take a look [here](#).

Free posters for your club

If your club would like some *Play by the Rules* posters, flyers, respect cards or postcards to promote safe, fair and inclusive sport in your new member kits or to put up around your clubhouse, simply go to our [resources](#) section, download what you'd like and print out as many as you want. We also have A0 sized posters available which can be printed out and put up in stadiums or on fencing around playing fields – email admin@playbytherules.net.au to get the printer files for these posters.



Don't forget to find us on facebook and YouTube

Click on our facebook, Twitter and YouTube buttons to find us, follow us or become a fan. Pass this onto your networks and help us build an informed, safe, inclusive and fair sport culture.



Everyone has a role to play in creating
inclusive, safe, fair and respectful sporting environments
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